

Food



Your caffeine fix is about to

Local coffee shops gain ground as Starbucks cuts back

By Jen Parker

Photographs By: Kathleen Ross

With the economy suffering and more and more businesses closing, where is one to go for a much needed caffeine fix?

Starbucks closed 600 of its stores in 2008 (including a Fort Lauderdale location!), cutting 5% of its U.S. locations and 12,000 jobs. In 2009, the company will eliminate about another 300 stores and terminate the jobs of some 6,000 employees. How will this affect your cuppa?

The truth is that Starbucks has oversaturated the American market. It seems that everywhere you look there is a Starbucks. I knew there were a

lot of Starbuck stores here in Fort Lauderdale

(I could think of about four) but I was shocked when I looked on noticed that there are actually nine locations in Fort Lauderdale, not including other close locations in Wilton Manors, Sunrise, Hollywood, and Plantation. Three locations are within a mile and a half radius of The Art Institute of Fort Lauderdale's campus. Sure, it's nice that anywhere you are in this city you don't need to drive more than 3.5 minutes to get your Frapaccino fix, but seriously? Is it really necessary to have that many stores in such close proximity?

This oversaturation did two main things: 1. Create cannibalization among existing Starbucks (a profitable one in the neighborhood stealing business away from the other store in the same neighborhood) 2. Put smaller, independent coffee shops out of business due to the clustering effect. What are some local alternatives to Starbucks? Whether you're looking for some more personality in your coffee shop, a broader menu, a livelier atmosphere, or just a basic cup of coffee without a side of attitude, there are some great shops here in our neighborhood that you may be interested in.

Brew Urban Café has two locations in Fort Lauderdale (Victoria Park and Himmarshee Boulevard). Not only does Brew offer a variety of lattes, teas, and cappuccinos, they also serve microbrew beers and wine. If you are looking for a snack or a quick lunch, their menu consists of baked goods and sandwiches. The atmosphere is relaxed with seating both inside and

change its flavor

outside. Inside, customers can lounge on comfy couches while watching old movies. Brew also offers free Wi-Fi and is the perfect spot to study and mingle! Prices are affordable and about the same as Starbucks.

Recommendation: The pumpkin spice latte tastes perfect and satisfy that sweet tooth with a red-velvet cupcake!

Brew Urban Café House
209 SW 2nd Avenue, Fort Lauderdale,
FL 33304
638 N. Federal Hwy, Fort Lauderdale,
FL 33301
www.brewurbancafe.com

Undergrounds Coffeehaus is located on E. Oakland Park Blvd and has an atmosphere unlike any other coffee shop! Inside, it may seem a little cluttered, but beautiful and interesting artwork by local artists is displayed alongside book-lined walls. This is the perfect place to sit with friends, loose track of time, and buy a cheap paperback.

Undergrounds offers movie and game nights such as Seth Rogen movie night, Punk Rock Sundays and scrabble events. The menu consists of very affordable coffees, teas, desserts and their famous tater tots! Although closed on Mondays, Undergrounds is open till 1am on Friday and Saturday nights!

Undergrounds Coffeehaus
2743 E. Oakland Park Blvd. Ft.
Lauderdale
www.myspace.com/undergroundscoffeehaus



This just in: Justin's Bar & Lounge makes for your happy ending

By Yulia Klintsevich
Photos By Yulia Klintsevich



Sure happily everafters only exist in colorful pages dusted with pixie magic or DVDs by Pixar but that doesn't mean you don't deserve a "happy ending" every once in a while. So if your clickety-click heels are tired after shopping at The Aventura Mall or working and are looking for a spot to cool off with a drink, Justin's is the place to check out. Justin's offers an electric atmosphere with a South Beach twist. It is known for the longest happy hour in the area: 5pm to 9pm everyday!

Justin's laid-back vibe is complemented by the full size pool table that becomes a major attraction when the lounge area comes alive with precision tunes. It is a welcome after-work-distraction for the hip

crowd. If you get hungry, reasonably priced appetizers and snacks are available until midnight, and include sandwiches, chips and French fries.

Justin's sleek interior, with cream colored antique couches, a warehouse-style bare ceiling with modern lighting and plasma-screen covered bar makes you want to stick around. There are VIP tables available that come along with bottle reservations and cost \$150 per bottle if you are out to party the night away. However, if you are out for a late dinner, Justin's will surprise you with its complimentary sushi on Friday, until 9 pm.

If you cannot wait till Friday or want to drive away Monday blues, 'Underground Tuesdays' turn the place into a rocking underground with DJ

Liam Shachar spinning progressive house on the turntables. His mixed-to-perfection tracks make everyone move, along with go-go dancers showing off their moves on the bar a la Coyote Ugly.

Every Saturday and Friday night Justin's is broadcasted live on Power 96 radio. Playing the most popular mixes of house, hiphop and a bit of reggaeton, this place can indeed be a fun-filled finale for any day or week.

For more information, please call 305-931-1900 or visit www.justinsaventura.com

Justin's Bar & Lounge is located at 17813 Biscayne Blvd, Aventura, FL 33160.

Mamma Mia! Anthony's Runway 84 is worth escaping to

Jet set your way to authentic Italian cuisine

By Jaclynn Brennan

Anthony's Runway 84 is a traditional Italian family style restaurant located on State Road 84 in Fort Lauderdale. The interior features huge cutouts of Alitalia jets in the dining room and a bar that resembles the inside of a plane. The restaurant does not look like much from the outside with its tall brick old-school style appearance, but as you walk inside and take a whiff of a medley of Italian smells, Frank Sinatra's Come Fly with Me comes to mind and your mind is immediately transported to scenic Tuscan landscapes.

Anthony's has been around for 27 years, and its owners are originally from the New York area. Every meal is served family style: so prepare yourself for huge portions! The prices are on the higher side; but definitely worth every penny- as each meal includes a serving of mussels marinara, freshly baked Italian bread and an antipasto salad. The dinner menu is focused on traditional Italian cuisine. Our waiter was extremely conversational and charismatic, making the night relaxed. When our dinner finally arrived, everything looked fresh and enticing.

I ordered the Surf and turf, which consisted of filet mignon and African

lobster tail. The steak was cooked to perfection and the lobster tail was so tender it melted in my mouth. Anthony's Runway 84 offers a great atmosphere, amazing service and out-of-this-world Italian cuisine- I'll definitely fly high at Anthony's Runway 84 again!

For More Information, call 954-467-8484

Anthony's Runway 84 is located at 330 W State Road 84 Fort Lauderdale, FL 33315.

Fashion Cocktails & Red Carpet

Find out how your favorite cocktail translates into Golden Globe Fashion

Written By: Yulia Klintsevich

Fashion Styling By: Jackie Brennan, Louise Hendry

Photography By: Kathleen Ross



Cocktail choices often depend on our mood, taste, or personality. In order to make the order process quicker (and to stop bugging the bartender for his recommendations) We looked at the hottest Golden Globes Red Carpet fashions and correlated them into perfect fashion cocktails:

You can't go wrong with a classic:

Kate Winslet's dress is about elegance. She wore a Yves Saint-Laurent black strapless gown, accessorized with a diamond pendant brooch at the waist. Classic simplicity- just like a glass of Red Cabernet Wine.

Goddess hair-dos can be risky:

Drew Barrymore was mirroring the glitzy '50s glamour with big hair and a John Galliano dusty blue gown, accessorized with a Lorraine Schwartz diamond bracelet and jeweled earrings. Barrymore is a Blueberry Vodka Martini!

▲ **Kate Winslet:**
Red Cabernet Wine.

Dance with me lady in red:

Eva Longoria was the unforgettable lady in red with her Reem Acra gown-just like the legendary Bloody Mary cocktail.

She goes for the gold:

Jennifer Lopez was the golden girl of the night, showing off her beautiful curves in a golden plunging neckline dress by Marchesa. The magical Tequila Moonrise is her cocktail-golden with lots of Latin flavor.

Rita rocks:

Angelina Jolie shined in sparkling gown by Max Azria but kept the make-up simple and hair flowing. A Margarita cocktail, flowing and flirtatious, is the right reflection for her outfit.

Cosmo girl:

Diaz's dirty pink Haute Couture Chanel ensemble just screamed Cosmopolitan Martini. Girly and sweet, this cocktail truly goes together with her fun and flirtatious gown.

A hint of chocolate:

Heidi Klum's vintage black and red polka dot dress with a large rosette represents a Cinnamon Twist Martini. Add chocolate to this cocktail, just as Klum added chunky Louboutins to her ensemble.

White isn't just for brides:

Eva Mendes stood out in her beautiful dramatic white Dior gown, like a smooth and creamy Pina Colada



▲ **Drew Barrymore:**
Blueberry Vodka Martini.



▲ **Jennifer Lopez:**
Tequila Moonrise

▼ **Eva Longoria:**
Bloody Mary Cocktail



▼ **Heidi Klum:**
Cinamon Twist Martini





Bring on the bubbly:

Beyonce Knowles made her red carpet appearance in an Elle Saab embellished strapless gown, accessorized with a Lorraine Schwartz diamond necklace and earrings. Her sparkly look bubbled up like an expensive glass of Champagne.

Twist in the tale:

Ziyi Zhang was the brightest star of all wearing vibrant hue gown as juicy as an Apple Mojito - sour, but sweet at the same time.

Cameron Diaz:

◀ Cosmopolitan Martini

“*Dirty pink*
Haute Couture
Chanel ensemble
just **SCREAMED**
Cosmopolitan Martini”



▲ **Jose Cuervo Tequila:**
Tequila Moonrise



▲ **Moet Champagn:**
Champagn Toast



▲ **Beyonce Knowles:**
glass of Champagne